



# QNRT WELLNESS INTRODUCTION FORM

**FAMILY HISTORY:** Identify any conditions that you or any of your family members have now or have had in the past:  
(G=Grandparents, M=Mother, F=Father, S=Siblings, X=Self)

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Alcoholism                 | <input type="checkbox"/> Eczema              | <input type="checkbox"/> Miscarriage(s)     | <input type="checkbox"/> Demetia         |
| <input type="checkbox"/> Attention Deficit Disorder | <input type="checkbox"/> Emphysema           | <input type="checkbox"/> Thyroid Issue      | <input type="checkbox"/> Anemia          |
| <input type="checkbox"/> Cancer                     | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Kidney Disease     | <input type="checkbox"/> Eating Disorder |
| <input type="checkbox"/> Cirrhosis                  | <input type="checkbox"/> Crohn's Disease     | <input type="checkbox"/> Pneumonia          | <input type="checkbox"/> Depression      |
| <input type="checkbox"/> Celiac's Disease           | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Hyperlipidemia     | <input type="checkbox"/> Schizophrenia   |
| <input type="checkbox"/> Alzheimer's Disease        | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Multiple Sclerosis | Other: _____                             |
| <input type="checkbox"/> Migraine Headaches         | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Strokes            | _____                                    |
| <input type="checkbox"/> Arthritis                  | <input type="checkbox"/> Anxiety Disorder    | <input type="checkbox"/> Obesity            | _____                                    |

**ALLERGIES:** Please check and list all allergies you currently may be suffering from:

**\*Allergy Types:    Food    Medication    Seasonal    Environmental**

Allergy Type*	Allergy Name	Onset

**Supplements:** (Please choose a type for each supplement-to list more, please use the back of this form)  
Herb\* Vitamin\* Mineral\* Amino Acid\* Homeopathic\* Tincture\* Multi-Vitamin\* Food Concentrate\* Hormone\* Fatty Acid\*

Supplement Type*	Supplement Name	How Long?

**Medications:** Please check and list all the medications that you are currently taking with the dates you began taking them

Medication Type	Medication Name	Start Date
Antacids		
Antibiotics		
Anti-Depressants		
Anti-Diabetics		
Anti-Inflammatory		
Blood Pressure Medications		
Cholesterol Lowering Medications		
Hormone Replacement (HRT)		
Oral Contraceptives		
Other		

**Scars/Surgical Procedures:** List all scars and surgical procedures you have had

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Location of Scar:	Result of:	Onset

Habits:	Heavy	Moderate	Light	None	
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Soda/Diet Soda	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Recreational Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Stress Level	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Healty Habits	5-7/wk	3-5/wk	1-3/wk	None	Type of Exercise
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sleep	8+hours <input type="checkbox"/>	7-8 hours <input type="checkbox"/>	6-7 hours <input type="checkbox"/>	5-6 hours <input type="checkbox"/>	<5 hours <input type="checkbox"/>
Meals/day	5+ <input type="checkbox"/>	4 <input type="checkbox"/>	3 <input type="checkbox"/>	2 <input type="checkbox"/>	
Water/day	64+oz <input type="checkbox"/>	32-64oz <input type="checkbox"/>	16-32oz <input type="checkbox"/>	<8oz <input type="checkbox"/>	

Work Activity	<input type="checkbox"/> Heavy labor	<input type="checkbox"/> Light labor	<input type="checkbox"/> Mostly sitting	<input type="checkbox"/> Mostly standing	<input type="checkbox"/> Walking/Standing	<input type="checkbox"/> Driving
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## BODY/MIND BALANCED — WELLBEING —

(Please turn over and complete the last page)

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**Quantum Neuro Reset Therapy™  
Body/Mind Balanced Wellbeing and Dr. Michael Goad  
Therapeutic Practitioner**

Informed Consent, Private License and Release

The undersigned hereby grants a **Private License** to the Practitioner to provide the Quantum Neuro Reset Therapy™ services to undersigned as expressive association activities. I acknowledge that I am not receiving these services as a patient of Dr. Michael Goad's chiropractic practice.

**The undersigned acknowledges that the Therapy does not diagnose or prescribe for chiropractic, medical or psychological conditions nor claim to prevent, treat, mitigate or cure such conditions. The Practitioner while utilizing QNRT™ does not provide diagnosis, care, treatment or rehabilitation of individuals, nor apply medical, mental health or human development principles, but rather provides a Reset Therapy that may offer therapeutic benefit by supporting normal structure and function.** The undersigned gives Informed Consent to the services that will be provided. The undersigned hereby releases the Practitioner from all claims and liabilities arising from the use or misuse of the Quantum Neuro Reset Therapy, indemnifying and holding the Practitioner harmless from all claims and liabilities there from whatsoever. The Practitioner reserves all rights.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

## **MINOR CONSENT**

Being the parent or legal guardian of \_\_\_\_\_ (minor's printed name),

I \_\_\_\_\_ (parent/guardian's printed name) do consent and grant a **Private License** to the Practitioner to provide Quantum Neuro Reset Therapy services as noted above in the informed consent, Private license and Release statement to be performed for the minor child. I further understand that the doctors and other providers attending to my child will take all reasonable safety precautions during their care.

Minor's date of birth: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_